

RECREATIONAL SERVICES
(LIMITATION OF LIABILITY)
ACT 2002

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**LACROSSE
SAFETY CODE OF PRACTICE
FOR
TOURNAMENTS, SPECIAL EVENTS
and CHAMPIONSHIPS
(South Australia)**



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1. Definitions and Interpretations

1.1 In this code the words shall have the following meanings:

1.1.1 “activity” means a game of lacrosse played outdoor in a:-

- (a) competition tournament;
- (b) special event ; or
- (c) championship

conducted within the state of South Australia, but does not include any regular lacrosse season fixtures programmed or a related finals series.

1.1.2 “participant” means a person 18 years old or over, of full capacity, who is participating in the activity as a player.

1.1.3 “provider” means the person or entity which is promoting or organising the activity.

1.1.4 “special event” means competition games organised by the provider conducted between different club or association teams, excluding competition tournaments, championships and regular programmed season fixtures and related finals series.

1.1.5 “lacrosse playing field” means a playing field as defined in the International Lacrosse Federation Rules Of Lacrosse (Rule 1).

1.1.6 “Rules of Lacrosse” means:

1.1.6.1 Rules of Lacrosse for Men – the International Lacrosse Federation rules adopted by Lacrosse Australia and published and endorsed by Lacrosse SA.

1.1.6.2 Rules of Lacrosse for Women – the International Federation of Women’s Lacrosse rules adopted by Lacrosse Australia and published and endorsed by Lacrosse SA.

1.1.6.3 Any specific event rules as detailed in the Lacrosse Australia Competition Handbook adopted by Lacrosse Australia Board in July 2005.

1.1.6.4 Any specific event rules as detailed in the International Federation of Women's Lacrosse Associations World Event Guidelines (adopted July 2003).

1.2 Where there is any reference to any rules, policies or publications in this code then the rules, policies or publications relevant to the conduct of the activity shall be the rules, policies or publications as amended and last updated prior to the date of the conduct of the activity.

2. Description of Recreational Activity and Recreational Services

2.1 This code relates to the participation as a player in the activity of lacrosse in a competition tournament, special event, or championship, on an outdoor lacrosse playing field within the state of South Australia, but does not include any regular lacrosse season fixtures programmed or a related finals series.

2.2 Recreational Services comprising provision of an activity are governed by this code.

3. Participant Registration - Personal and Medical Information

Prior to a participant taking part in the activity, the provider must:

3.1 Require each individual participant to complete and sign a Participant/Player Medical Profile Form as published by Sports Medicine Australia and modified for the activity applicable to the provider, including the provider's name, the event name and date of the activity.

3.2 The provider shall keep the Participant/Player Medical Profile Form at a location at which the activity is conducted so as to obtain ready access to the information contained in the form in the case of need to be used in respect of a participant.

4. Lacrosse Playing Field safety inspection

4.1 Prior to the activity, the provider must conduct a safety inspection of the area to be used as the lacrosse playing field for hazards by way of holes, depressions,

sprinklers, sprinkler heads, sticks, stones, glass, other objects or debris, or other hazards on the lacrosse playing field which might present a risk to participants on the lacrosse playing field in which participants may be involved during a game. A Hazard Inspection Report must be completed, signed and dated.

4.2 If the inspection reveals a hazard which may present a risk to participants, the provider must:

(a) remedy the hazard; or

(b) not use the section of the facility in which the hazard is present;

or if both are impracticable,

(c) mark or otherwise draw to the attention of the participants, the hazard.

Details of any action and the date and time taken must be recorded on the Hazard Inspection Report.

5. Equipment to be used

5.1 The provider must advise the participant that the following equipment used by the participant complies with the equipment specifications in the Rules of Lacrosse. *(Note that the rules of both men's and women's lacrosse provide that a crosse is to have a plastic or wood plug at the top of the handle or to be taped to prevent injury and shall have no sharp or protruding parts.)*

5.1.1 Men's lacrosse:

5.1.1.1 The provider must advise participants that they shall not wear or carry equipment which endangers them or other players (Rules of Lacrosse 18.1);

5.1.1.2 The provider must advise participants that they are required to wear protective gloves, suitable boots or shoes and a protective helmet equipped with face mask and a chin strap which must be properly fastened on both sides (Rules of Lacrosse 17.1); and

5.1.1.3 The provider must advise goalkeepers that they shall wear a throat guard, a chest protector and a box/cup (Rules of Lacrosse 17.1).

5.1.2 Women's lacrosse:

- 5.1.2.1 The provider must advise participants including the goalkeeper that they shall wear shoes with plastic, metal, leather or rubber cleats/studs and that no spikes are to be worn and that exposed surface of all cleats/studs must be smooth (International Women's Lacrosse Rules 6D).
- 5.1.2.2 The provider must advise participants including the goalkeeper that they must wear a professionally manufactured intra-oral mouthguard (International Women's Lacrosse Rules 6E).
- 5.1.2.3 The provider must advise goalkeepers that they must wear a facemask, a throat protector and a chest or body pad (International Women's Lacrosse Rules 6F).
- 5.1.2.4 The provider must advise participants that they must not wear earrings, necklaces, bracelets, or watches on the field of play and that medical jewellery with information visible, soft jewellery and rings must be taped securely to the player or be removed (International Women's Lacrosse Rules 6G).

6. Lightning Policy

- 6.1 Prior to the activity the provider must draw up a safety plan and identify a safe shelter.
- 6.2 Before the match the provider must advise participants about the safety plan and what actions to take in case of lightning strike.
- 6.3 If there is danger from lightning the safety plan is adopted whereby all participants and other personnel associated with the game are cleared from the lacrosse playing field and surrounds and moved to the safe shelter.
- 6.4 Play must not resume until thirty (30) minutes after the last lightning strike.

7. Hot Weather

The provider must comply with the Procedures contained on page 3 of the Lacrosse SA Hot Weather Policy published by Lacrosse SA Inc.

8. Infectious Diseases

The provider must comply with the Infectious Diseases Policy adopted by Lacrosse Australia.

9. Spectators

The provider must ensure that spectators remain outside the lacrosse playing field.

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